

Fresh Menus Week 4

Menu items subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Ham and Cheese Omelet	Pancakes	Egg, Cheese & Sausage Sandwich on English Muffin	French Toast	Cheesy Scrambled Eggs	Made to Order Breakfast	Made to Order Breakfast
Always available breakfast items: Oatmeal, cold cereal, eggs any style, sausage links, bacon, wheat/white toast, yogurt, and fruit.						
APPETIZER - W/ NOON MEAL ONLY						
Side Salads	Chicken Noodle Soup	Turkey/Cheddar Pinwheels	Garden Vegetable Soup	Deviled Eggs	Cottage Cheese w/ Fresh Berries	Server's Choice
LUNCH						
Spaghetti with Meat Sauce	Country Fried Steak w/ Country Gravy	Chicken Chow Mein w/ Oriental Blend Vegetables & Chow Mein Noodles	Scalloped Potatoes & Ham Casserole	Cracker Breaded Haddock	Burger w/ Caramelized Onions & Cheese on a Bun	Oven Baked Ham
Italian Vegetable Blend	Mashed Potatoes	White Rice	Seasoned Green Peas w/ Pearl Onions	Baked Potato w/ Sour Cream & Chives	Tater Tots	Au Gratin Potatoes
Garlic Toast	Roasted Brussels Sprouts	Egg Roll	Dinner Roll	Buttered Green Beans	3 Bean Salad	California Vegetable Blend
DINNER						
Philly Beef on a Bun w/ Peppers, Onions & Swiss Cheese	Naan Bread Pizza w/ Pepperoni & Sausage	Dijon Turkey Melt w/ Tomato on Honey Wheat Bread	Beef Tacos in a Flour Tortilla w/ Lettuce, Cheddar Cheese, Sour Cream & Salsa	Grilled 3 Cheese Sandwich on Texas Toast	Denver Egg Bake (Ham, Onion, Bell Pepper & Cheese)	Bowl of Creamy Chicken Dumpling Soup
French Fries	Side Salad w/ Choice of Dressing	Marinated Vegetable Salad	Spanish Rice	Tomato Soup	Banana Nut Muffin	Side Salad w/ Choice of Dressing
	Cantaloupe/Honeydew Mix			Fresh Fruit Salad	Orange Slices	Crackers
ALTERNATE MENU OPTIONS						
Chef Salad w/ Hard Boiled Egg, Ham & Turkey	Grilled Cheese w/ Chips, Fruit or Soup	Cheeseburger or Hamburger w/ Chips, Fruit or Soup	Ham, Turkey, Salami Sub Sandwich w/ Chips, Fruit or Soup	Cottage Cheese Fruit Plate w/ Muffin	Egg Salad Sandwich w/ Chips, Fruit or Soup	Veggie Plate w/ Ranch Dip and Cottage Cheese

Beverages offered at every meal: Water, milk, fruit juice, tea, and coffee.

To order, cancel, request a to-go meal, or alter your meal, call 507-331-6515 at least 2 hours before the meal.