

Fresh Menus Week 1

Menu items subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Ham and Cheese Omelet	Pancakes	Egg, Cheese & Sausage Sandwich on English Muffin	French Toast	Cheesy Scrambled Eggs	Made to Order Breakfast	Made to Order Breakfast
Always available breakfast items: Oatmeal, cold cereal, eggs any style, sausage links, bacon, wheat/white or cinnamon raisin toast, yogurt, and fruit.						
APPETIZER W/ NOON MEAL ONLY						
Chicken Wild Rice Soup	Three Bean Salad	Crackers w/ Garden Veggie Cream Cheese Spread	Cottage Cheese w/ Diced Peaches	Potato Salad	Minestrone Soup	Servers Choice
LUNCH						
Shredded Beef Stroganoff with Mushrooms & Sour Cream over Rotini Noodles	Honey/Orange Glazed Boneless Chicken Thigh	Crusted Pecan Tilapia w/ Tartar Sauce	Meatloaf w/ Tomato Glaze	Breaded Shrimp w/ Sweet Chili Dipping Sauce	Creamy Chicken Alfredo w/ Spinach over Penne Pasta	Pork Pot Roast w/ Gravy
Tender Steamed Asparagus	Au Gratin Potatoes	Rice Pilaf	Cheesy Hashbrown Casserole	Vegetable Fried Rice	Steamed Broccoli	Mashed Sweet Potato
	Cream Corn	Stewed Tomatoes	Chuckwagon Corn	Ginger Glazed Baby Carrots	Breadstick	Steamed Cauliflower
DINNER						
Chicken Noodle Casserole w/ Mixed Vegetables	Grilled Ham & Swiss on Honey Wheat Bread	Lasagna w/ Meat Sauce	Roast Beef and Cheddar Sliders	Bowl of Homemade Chili	Cobb Salad w/ Chicken, Bacon, Tomato, Hardboiled Egg & Avocado on Lettuce Greens	Egg Salad Sandwich on a Croissant w/ Lettuce
Buttermilk Biscuit	Sweet Potato Fries	Side Salad - Dressing of Choice	Cheesy Broccoli Soup	Cornbread Muffin		Sun Chips
	Creamy Broccoli Salad	Garlic Toast	Fresh Berries	Fresh Fruit	Dinner Roll	Grapes
ALTERNATE MENU OPTIONS						
Chef Salad w/ Hard Boiled Egg, Ham & Turkey	Grilled Cheese w/ Chips, Fruit or Soup	Cheeseburger or Hamburger w/ Chips, Fruit or Soup	Ham, Turkey, Salami Sub Sandwich w/ Chip, Fruit or Soup	Cottage Cheese Fruit Plate w/ Muffin	Egg Salad Sandwich w/ Chips, Fruit or Soup	Veggie Plate w/ Ranch Dip and Cottage Cheese

Beverages offered at every meal: Water, milk, fruit juice, tea, and coffee.

To order, cancel, request a to-go meal, or alter your meal, call 507-331-6515 at least 2 hours before the meal.