

Fresh Menus: Week 4:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	Alternates
Ham and Cheese Omelet	Pancakes	Egg, Cheese & Sausage Sandwich on English Muffin	French Toast	Western Omelet	Made to Order Breakfast	Made to Order Breakfast	
** Breakfast items are always available: Oatmeal, Cold cereal, Eggs any style, Sausage links, Bacon, Wheat/White Toast, Yogurt, Fruit.							
Teriyaki Chicken	Grilled Hot Dog in a Bun	Herbed Pork Chop	Bourbon Chicken w/ Carrots & Green Onions over White Rice	Salmon Croquette w/ Hollandaise Sauce	Grandma's Spaghetti & Meatballs	Baked Ham w/ Apricot Glaze	Garden Salad w/ Hard Boiled Eggs
Vegetable Fried Rice	Summer Pasta Salad	Parsley Potatoes	Broccoli	Garlic/Herb Roasted Potatoes	Chef's Choice Vegetable	Chive Mashed Potatoes	Grilled Cheese w/ Chips or Fruit
Roasted Napa Cabbage	Potato Chips	Roasted Cauliflower	Fruit Cocktail	Creamed Peas	Garlic Toast	Fresh Roasted Baby Carrots	Cheeseburger/Hamburger w/ Chips or Fruit
	Watermelon	Dinner Roll			Caesar Salad	Dinner Roll	Ham, Turkey, Salami Sub Sandwich w/ Chips or Fruit
Fish Sandwich on a Bun w/ Cheese, Lettuce, & Tartar sauce	Chicken Fajitas w/ Onion and Peppers	Loaded Three Cheese Baked Macaroni w/ Bacon	Rachel on Marble Rye	Chicken Tenders w/ Honey Mustard Sauce	Grilled Turkey Burger w/ Bacon, Lettuce, & Avocado	Tuna Salad on a Croissant w/ Lettuce & Sweet Pickles	Garden Salad w/ Hard Boiled Egg
Onion Rings	Mexican Fiesta Rice	Steamed Zucchini	Sun Chips	French Fries	Sweet Potato Fries	Cup of Loaded Potato Soup	Cottage Cheese Fruit Plate w/ Muffin
		Breadstick	Fresh Fruit	Tangy Carrot Slaw			Grilled Cheese w/ Chips and Fruit
							Egg Salad Sandwich w/ Chips or Fruit

**** Beverages offered at every meal include water, milk, fruit juice, tea, and coffee.**

~ To order, cancel, get a to-go or alter your meal in any way, call 507-331-6515 to speak with kitchen staff.

~ Any change should be made at least 2 hours before the meal.