

Fresh Menus: Week 3:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	Alternates
Ham and Cheese Omelet	Pancakes	Egg, Cheese & Sausage Sandwich on English Muffin	French Toast	Western Omelet	Made to Order Breakfast	Made to Order Breakfast	
** Breakfast items are always available: Oatmeal, Cold cereal, Eggs any style, Sausage links, Bacon, Wheat/White Toast, Yogurt, Fruit.							
Swiss Steak w/ Onions & Peppers Garlic Red Skinned Mashed Steamed Green Beans Dinner Roll	Orange Chicken over White rice Asian Vegetable Blend Fortune Cookie	Shrimp Scampi over Linguine Italian Vegetable Blend Cheddar Biscuit	California Burger (Lettuce, Tomato, & Red Onion) Cowboy Beans Potato Salad	Open Faced Hot Turkey Sandwich w/ mashed potatoes & gravy Steamed Corn	Stuffed Chicken Breast Orange Glazed Sweet Potatoes Roasted Brussel Sprouts	Slow Roasted BBQ Baby Back Ribs w/ Honey Cornbread Macaroni & Cheese Prince Edward Vegetables	Garden Salad w/ Hard Boiled Eggs Grilled Cheese w/ Chips or Fruit Cheeseburger/Hamburger w/ Chips or Fruit Ham, Turkey, Salami Sub Sandwich w/ Chips or Fruit
Grilled Monte Cristo w/ Ham & Turkey w/ Raspberry Dipping Sauce Three Bean Salad	Seafood Pasta Salad on Leaf Lettuce Fresh Baked Croissant Cantaloupe	Italian Beef on a Hoagie Bun Jo-Jo Potatoes Fruit Salad	Asian Chicken Salad w/ Chicken Tenders, Cucumber, Mandarin Oranges, Peas & Chow Mein Noodles on Mixed Greens Spring Roll	Beer Battered Cod Nuggets w/ Tartar Sauce Tator Tots Apple Coleslaw	Bratwurst on a Bun w/ Sauerkraut & Pickles Macaroni Salad	Loaded Baked Potato w/ Ham, Broccoli, Cheddar Cheese, Sour Cream & Chives Cottage Cheese Peaches	Garden Salad w/ Hard Boiled Egg Cottage Cheese Fruit Plate w/ Muffin Grilled Cheese w/ Chips and Fruit Egg Salad Sandwich w/ Chips or Fruit

**** Beverages offered at every meal include water, milk, fruit juice, tea, and coffee.**

~ To order, cancel, get a to-go or alter your meal in any way, call 507-331-6515 to speak with kitchen staff.

~ Any change should be made at least 2 hours before the meal.