

## Fresh Menus: Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	Alternates
Ham and Cheese Omelet	Pancakes	Egg, Cheese & Sausage Sandwich on English Muffin	French Toast	Western Omelet	Made to Order Breakfast	Made to Order Breakfast	
<b>** Breakfast items are always available: Oatmeal, Cold cereal, Eggs any style, Sausage links, Bacon, Wheat/White Toast, Yogurt, Fruit.</b>							
Broiled Haddock w/ Lemon Sauce	Coconut Curry Chicken over White Rice	BBQ Pulled Pork on a bun	Garlic Dijon Pork Chops	Fire Roasted Chicken Thighs	Cheese Tortellini Alfredo	Traditional Pork Pot Roast w/ Carrots & Onions	Garden Salad w/ Hard Boiled Eggs
Rice Pilaf	Steamed Broccoli	Coleslaw	Scalloped Potatoes	American Fried Potatoes	Roasted Lemon Asparagus	Mashed Potatoes & Gravy	Grilled Cheese w/ Chips or Fruit
Country Vegetable Medley	Warm Naan Bread	Sweet Potato Tator Tots	Steamed Green Beans	Buttered Corn	Garlic Toast	Dinner Roll	Cheeseburger/Hamburger w/ Chips or Fruit
Beef Tacos w/ Lettuce, Tomato & Cheddar	Chicken Salad on Croissant	Pork & Rice Egg Roll Bowl w/cabbage, Peppers and Carrots	New England style Shrimp Roll w/ Lemon Wedge	Meatball & Marinara on Slider Bun w/ Pickles & Peppers	Denver Quiche	Grilled Cheese Sandwich on Texas Toast	Garden Salad w/ Hard Boiled Egg
Refried Beans	BBQ Potato Chips	Fresh Pineapple	Sun chips	Creamy Cucumber Salad	Banana-Nut Muffin	Cauliflower Salad	Cottage Cheese Fruit Plate w/ Muffin
Spanish Rice	Apricots		Peaches		Fresh Berries	Fruit Cocktail	Grilled Cheese w/ Chips and Fruit
							Egg Salad Sandwich w/ Chips or Fruit

**\*\* Beverages offered at every meal include water, milk, fruit juice, tea, and coffee.**

~ To order, cancel, get a to-go or alter your meal in any way, call 507-331-6515 to speak with kitchen staff.

~ Any change should be made at least 2 hours before the meal.