Fresh Menus: Week 5: 12/1/25 through 12/7/25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	Alternates
12/1	12/2	12/3	12/4	12/5	12/6	12/7	Aiternates
Ham and Cheese Omelet	Pancakes	Egg, Cheese & Sausage Sandwich on English Muffin	French Toast	Western Omelet	Made to Order Breakfast	Made to Order Breakfast	
** Breakfast items are always available: Oatmeal, Cold cereal, Eggs any style, Sausage links, Bacon, Wheat/White Toast, Yogurt, Fruit.							
Roasted Pork Loin w/ Gravy	Creamy Chicken Gnocchi	Salisbury Steak w/ Gravy	Herb Roasted Chicken	Lemon Pepper Cod	Swedish Meatballs over Pasta	Slow Roasted BBQ Country Ribs w/ Honey	Garden Salad w/ Hard Boiled Eggs
Cornbread Bake	Italian Vegetable Blend	Mashed Potatoes	American Fried Potatoes	Fire Roasted Red Potatoes	Steamed Peas	Cornbread Mac-n-Cheese	Cheeseburger/Hamburger w/ Chips or Fruit
Fresh Roasted Diced Beets	Breadstick	Mixed Vegetables	Candied Carrots	Steamed Green Beans	Dinner Roll	Prince Edward Vegetables	Ham, Turkey, Salami Sub Sandwich w/ Chips or Fruit
Crispy Chicken Caesar Wrap in a Spinach/Herb	Beef Stew Buttermilk	Grilled Reuben on Marble Rye	Ham Salad Sandwich on a Croissant	Beef Patty Melt on Texas Toast	Turkey Bacon Melt on Sourdough	Taco Salad in a Tortilla Bowl (Taco Meat,	Cottage Cheese Fruit Plate w/ Muffin  Grilled Cheese w/ Chips and
Tortilla Sweet Potato Tator Tots	Biscuit Fresh Fruit	Potato Salad Fresh Fruit	w/ Lettuce Sun Chips Sliced Pears	Waffle Fries  Creamy  Cucumbers	Cucumber & Tomato Salad with Lemon- Herb Vinaigrette	Lettuce, Tomato, Cheese, Sour Cream & Salsa)	Fruit Egg Salad Sandwich w/ Chips or Fruit
Grapes			2		Apple Slices	Pineapple	Chips of Truit

<sup>\*\*</sup> Beverages offered at every meal include water, milk, fruit juice, tea, and coffee.

<sup>~</sup> To order, cancel, get a to-go or alter your meal in any way, call 507-331-6515 to speak with kitchen staff. ~ Any change should be made at least 2 hours before the meal.