

## Fresh Menus: Week 4: 9/1/25 through 9/7/25

<b>MONDAY</b> 9/1	<b>TUESDAY</b> 9/2	<b>WEDNESDAY</b> 9/3	<b>THURSDAY</b> 9/4	<b>FRIDAY</b> 9/5	<b>SATURDAY</b> 9/6	<b>SUNDAY</b> 9/7	<b>Alternates</b>
Ham and Cheese Omelet	Pancakes	Egg, Cheese & Sausage Sandwich on English Muffin	French Toast	Western Omelet	Made to Order Breakfast	Made to Order Breakfast	
<b>** Breakfast items are always available: Oatmeal, Cold cereal, Eggs any style, Sausage links, Bacon, Wheat/White Toast, Yogurt, Fruit.</b>							
Herbed Pork Chop  Parsley Potatoes  Country Vegetable Blend  Dinner Roll	Teriyaki Chicken  Vegetable Fried Rice  Roasted Napa Cabbage	Grilled Hot Dog in a Bun  Pea & Cheese Salad  Potato Chips  Fresh Watermelon	Bourbon Chicken w/ Carrots & Green Onions  White Rice  Broccoli  Fruit Cocktail	Salmon Croquette w/ Hollandaise Sauce  Garlic/Herb Roasted Potatoes  Creamed Peas	Spaghetti w/ Tomato Meat Sauce  Caesar Salad  Garlic Toast	Baked Ham w/ Apricot Glaze  Buttermilk & Chive Mashed Potatoes  Fresh Roasted Baby Carrots  Dinner Roll	Garden Salad w/ Hard Boiled Eggs  Grilled Cheese w/ Chips or Fruit  Cheeseburger/Hamburger w/ Chips or Fruit  Ham, Turkey, Salami Sub Sandwich w/ Chips or Fruit
Chicken Fajitas in a Flour Tortilla w/ Onions & Peppers Cheddar Cheese, Sour Cream & Salsa  Spanish Rice	Sausage Pizza  Garden Salad  Choice of Dressing  Fresh Fruit Cup	Fish Sandwich on a Bun W/ Lettuce, Tomato & Tartar sauce  Onion Rings	Rueben on Marble Rye  Potato Chips  Fresh Fruit	Three Cheese Baked Macaroni  Steamed Zucchini  Breadstick	Chicken Tenders w/ Dijon Mustard Sauce  French Fries  Tangy Carrot Slaw	Tuna Salad on a Croissant w/ Lettuce & Sweet Pickles  Cup of Minestrone Soup	Garden Salad w/ Hard Boiled Egg  Cottage Cheese Fruit Plate w/ Muffin  Grilled Cheese w/ Chips and Fruit  Egg Salad Sandwich w/ Chips or Fruit

**\*\* Beverages offered at every meal include water, milk, fruit juice, tea, and coffee.**

**~ To order, cancel, get a to-go or alter your meal in any way, call 507-331-6515 to speak with kitchen staff.**

**~ Any change should be made at least 2 hours before the meal.**