Fresh Menus: Week 4: 7/28/25 through 8/3/25

MONDAY 7/28	TUESDAY 7/29	WEDNESDAY 7/30	THURSDAY 7/31	FRIDAY 8/1	SATURDAY 8/2	SUNDAY 8/3	Alternates
Ham and Cheese Omelet	Pancakes	Egg, Cheese & Sausage Sandwich on English Muffin	French Toast	Western Omelet	Made to Order Breakfast	Made to Order Breakfast	
***** Breakfast items are always available: Oatmeal, Cold cereal, Eggs any style, Sausage links, Bacon, Wheat/White Toast, Yogurt, Fruit.***							
Herbed Pork Chop Parsley Potatoes Garden Vegetable Blend Dinner Roll	Teriyaki Beef Tips Vegetable Fried Rice Roasted Napa Cabbage	Grilled Hot Dog in a Bun Pea & Cheese Salad Potato Chips Fresh Watermelon	Bourbon Chicken w/ Carrots & Green Onions White Rice Broccoli Fruit Cocktail	Salmon Croquette w/ Hollandaise Sauce Garlic/Herb Roasted Potatoes Creamed Peas	Spaghetti w/ Tomato Meat Sauce Caesar Salad Garlic Toast	Baked Ham w/ Apricot Glaze Buttermilk & Chive Mashed Potatoes Fresh Roasted Baby Carrots Dinner Roll	Garden Salad w/ Hard Boiled Eggs Grilled Cheese w/ Chips or Fruit Cheeseburger/Hamburger w/ Chips or Fruit Ham, Turkey, Salami Sub Sandwich w/ Chips or Fruit
Chicken Fajitas in a Flour Tortilla w/ Onions & Peppers Cheddar Cheese, Sour Cream & Salsa Spanish Rice	Sausage Pizza Garden Salad Choice of Dressing Fresh Fruit Cup	Fish Sandwich on a Bun W/ Lettuce, Tomato & Tartar sauce Onion Rings	Rachel on Marble Rye Potato Chips Fresh Fruit	Three Cheese Baked Macaroni Steamed Zucchini Breadstick	Chicken Tenders w/ Dijon Mustard Sauce French Fries Tangy Carrot Slaw	Tuna Salad on a Croissant w/ Lettuce & Sweet Pickles Cup of Minestrone Soup	Garden Salad w/ Hard Boiled Egg Cottage Cheese Fruit Plate w/ Muffin Grilled Cheese w/ Chips and Fruit Egg Salad Sandwich w/ Chips or Fruit

***** Beverages offered at every meal include water, milk, fruit juice, tea, and coffee.***

~ To order, cancel, get a to-go or alter your meal in any way, call 507-331-6515 to speak with kitchen staff.
~ Any change should be made at least 2 hours before the meal.