

## Fresh Menus: Week 2: 2/10/25 through 2/16/25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	Alternates
Ham and Cheese Omelet	Pancakes	Egg, Cheese & Sausage Sandwich on English Muffin	French Toast	Western Omelet	Made to Order Breakfast	Made to Order Breakfast	
Herb Crusted Tilapia Pan Cream Sauce  Dirty Rice  Sautéed Vegetable Medley	Homemade Lasagna w/ Italian Sausage  Caesar Salad  Garlic Bread	BBQ Pork Ribs  Baked Potato  Creamy Cole Slaw  Cornbread	Oven Baked Chicken Tender w/ Honey Mustard Sauce  American Fried Potatoes  Buttered Beets	Roasted Salmon w/ Dill Hollandaise Sauce  Rice Pilaf  Steamed Asparagus w/ Lemon Butter	Honey & Orange Glazed Boneless Chicken Thigh  Roasted Yukon Potatoes  Carrots & Peas	Pork Pot Roast with Pan Gravy  Mashed Sweet Potato  Roasted Cauliflower	Garden Salad w/ Hard Boiled Eggs  Grilled Cheese w/ Chips or Fruit  Cheeseburger/Hamburger w/ Chips or Fruit  Ham, Turkey, Salami Sub Sandwich w/ Chips or Fruit
Chicken Parmesan w/ Mozzarella & Marinara over Pasta  Winter Beet Salad  Wheat Dinner Roll	Grilled Turkey Burger w/ Lettuce & Cranberry Mayo  Carrot & Celery Sticks w/ Ranch	Sloppy Joe on a Wheat Bun with Bread & Butter Pickles  Fresh Fruit  French Fries	Grilled Beef Asian Noodle Salad w/ Lettuce, Napa Cabbage, Cilantro, Mint, Vegetables, Peanuts, Sweet Chili Dressing	Hot Italian on Wheat Hoagie w/ Ham, Turkey, Provolone, Lettuce Tomato & Red Onion  Chickpea Salad	Breaded Pork Tenderloin Sandwich w/ Cheddar Cheese on Wheat Bread  Creamy Cucumbers  Sliced Oranges	BLTTA Salad w/ Bacon, Turkey, Tomato & Avocado on Lettuce  Wheat Breadstick  Grapes	Garden Salad w/ Hard Boiled Egg  Cottage Cheese Fruit Plate w/ Muffin  Grilled Cheese w/ Chips and Fruit  Egg Salad Sandwich w/ Chips or Fruit

**\*\* Beverages offered at every meal include water, milk, fruit juice, tea, and coffee.**

**\*\* Breakfast items are always available: Oatmeal, Cold cereal, Eggs any style, Sausage links, Bacon, Wheat/White Toast, Yogurt, Fruit.**